

## GROUP GUIDE

# ROOTED WEEK 1 | WHAT IS A LIFE GROUP?

### WELCOME & INTRODUCTIONS (15 MINUTES)

Welcome to Night 1! As you begin your time together, welcome group members and thank them for taking this step of faith. Go around the room (leaders share first) and have everyone say their name, how long they've been at The Creek, and an answer to one of the icebreaker questions below.

Icebreaker Questions (choose one for everyone to answer):

- What is one thing you would like people to know about you?
- If you could eat one food for the rest of your life, what would it be and why?
- If someone made a soundtrack for your life, what is one song you would want featured on the playlist?

### TRANSITION TO DISCUSSION (15 MINUTES).

- Dan shared earlier about coming to your group consistently, expectantly, and vulnerably. Which of these do you think will be most challenging for you and why?
- What are you most looking forward to in joining a life group?

### OVERVIEW: WHAT IS A LIFE GROUP? (45 minutes)

Share with your group the purpose of life groups and how Rooted helps lay the foundation for your group going forward.

Rooted is a group discipleship experience The Creek uses to launch people into life groups. *A life group is a community of disciples intent on loving God, loving others, and making disciples in order to connect people to Jesus.* As you journey together these next 11 weeks, you'll be laying the foundation for your life group.

- **Read the Covenant out loud and explain its purpose** to create a safe space (have everyone sign, collect them at the end, and put back in leader basket)
- **Rooted Schedule-** ask your group members to review the Rooted schedule (placed on the inside cover of their workbook). Emergencies happen but encourage them to come as consistently as possible.
- **Share what life groups do!** (*If you've previously been a part of a life group, feel free to share from your own experience, too*)
  - Gather weekly in one another's homes
  - Spend time in scripture, prayer, and sermon discussion
  - Pursue lives of abiding in Christ that reflect the fruit of the Spirit
  - Serve in the community
  - Care for one another and pray for one another.
  - Share meals and have fun!



- **Your group will experience these things together as you engage in the following throughout Rooted (briefly explain each rhythm/experience):**
  - Daily Devotionals and weekly verse memorization (assigned reading & reflection questions can be found inside binders)
  - Weekly discussion- for next week, start on week 2- Who is God?
  - Share Your Story
  - Prayer Experience- planning details to come
  - Serve Experience- see cards with info in leader basket (pass these out and share with group members)
  - Partnership Class- Tuesday, October 14
  - Celebration- Saturday, November 1

#### **DISCUSS GROUP LOGISTICS (5 minutes)**

- Cell phones: Please silence them and put them away.
- Ask about their communication preference for the group: GroupMe, email, text, etc.
- Ask about snacks and make a plan (use snack sign-up sheet—more than one group member can sign up for a week to share in responsibility, since some groups are larger in size)
- Remind them to begin Week 2- Who is God? devotionals for next week's discussion

#### **ANSWER QUESTIONS & PRAY OVER YOUR GROUP (5 minutes)**

