



## Genesis: The Book That Started It All

Group Guide | August 24

### Open with prayer (5 minutes)

Begin your time together as a group with a word of prayer. Thank God for this space to learn, share, and grow!

### Read Genesis 1:26-27 and begin with these questions as a large group (15 minutes).

- What stood out or challenged you from Emerson's sermon on Sunday?
- Why do you think there is so much confusion around the topic of sex/gender today?
- What seems to be the most important invitation from God for you today as you lean into your maleness or femaleness?

### Split into men with men and women with women for deeper discussion (35 minutes)

- Read **Psalm 139:13-14**. Do you feel like your body, your self, your life are "fearfully and wonderfully made?" Explain why or why not.
- Talk about **stereotypes**. In what ways have you personally wrestled with the "frustration" of sex/gender stereotypes? Explain.
- Talk about **shame**. In what ways have you personally wrestled with the "frustration" of shame as it relates to your sex/gender? Explain.
- Talk about **sin**. In what ways have you personally wrestled with the "frustration" of sin as it pertains to your sex/gender? Explain.
- What do you think of Sam Allberry's quote that, "True, biblical masculinity and true, biblical femininity are, respectively, simply what naturally emerges when men and women grow in Christ. Biblically speaking, masculinity is what long-term sanctification produces in Christian men and femininity is what long-term sanctification produces in women"?
- In light of Allberry's quote, what would a more biblical masculinity or femininity look like for you?

Spend some time praying over the things that have just been shared in the circle... asking for God's character to be poured in and out through the members of this group.

### Come back together as a large group for prayer requests and prayer (5 minutes).

As you end your group time, share your prayer requests. Have someone record them and send them out to everyone. Then, finish by having someone pray over your group.

